

NEIGHBORS
CARING FOR
NEIGHBORS

Christian Homes Care Community

News & Notes



OCTOBER, NOVEMBER, DECEMBER 2024

Upcoming Events

Sunday, Oct 27th

Trunk or Treat

3:45p-5p

Thurs, Oct 31st

Chrisoma West

Trick or Treat

4p-5p

Thurs, Nov 14th

give2Grow

Board Members

Tom Thompson

Troy Urbom

Dr. Mark Adam

Jeff Moon

Matt Samuelson

Lois Strydom

Colby Kinser

Ron Haflich

Jim Bowen

Jeff Carlson

Patty Freburg

Notes from Cherlyn Hunt, Administrator



Happy Fall Everyone!

I am so excited to share some updates on the campus. I would invite all of you to come out and enjoy our NEW short walking path around the campus. One lap around is about ¼ of a mile. It is a cement walking path for everyone to enjoy safely. A nice walk in the county in the fall air is always good for soul.

I would like to clarify all the new service lines that are offered at Christian Homes Care Community: Chrisoma West Assisted and Independent Living offers; Memory Care Assisted Living and Traditional Assisted Living. Chrisoma West also offers traditional Independent Living with the option to transition in place depending on the level of care needed. The apartments at Chrisoma West are spacious with large closets and large bathrooms. If you have any questions, please call Kendra Norton at 308-995-4493.

I am happy to share that Christian Homes Care Community is now offering Memory Care in our Long-Term Care setting. This is a safe area for people who need the memory support, but do not qualify for Assisted Living Memory Care. Residents who live in this area are able to have a very flexible schedule that fits their needs for them to achieve the highest particle level of function. If you have questions or would like a tour of the Daisy Drive neighborhood, please call Ellen Montgomery at 308-995-4493.

Christian Homes Care Community continues to offer long term care placement, short term Medicare rehabilitation services, and hospice care. Christian Homes Care Community has served Holdrege and the Phelps County area for 135 years; which would not be possible without the wonderful community support. Thank you for supporting the home for 135 years!

Cherlyn Hunt, Executive Director





Life Enrichment by Ellen Montgomery

Does it feel like this summer just flew by? We talk quite a bit at CHCC about how fast it seems 2024 is going. Even though time is going so quick, we still look forward to what the fall has in store for us. We are looking forward to Halloween, Thanksgiving, and Christmas planning!

In July we celebrated Independence Day with a Parking Lot Blowout! Residents enjoyed bomb pops, patriotic music, and some fireworks with staff. We also took advantage of the nicer weather using the courtyards for some lemonade, cookies, and fellowship. How else do you celebrate July? With Christmas in July. We baked holiday cookies while we listened to Christmas music.

August brought some very warm weather and those Nebraska winds. We enjoyed tending to our vegetable garden and flower beds. We also brought back Happy Hour every Friday afternoon with snacks, music, and some games. With the start of school we enjoyed sharing stories about going to country school growing up and how we got our kids ready to go back to school after a fun summer. We also enjoyed an Elvis impersonator for an evening of fun.

September is always a great time for some fall sports! We were excited to see our Nebraska Cornhuskers get back into action with Football and Volleyball. We celebrated with our annual Husker Tailgate Party with some delicious snacks. The fall month also brought a new activity of trying a Paint & Sip. The ladies and some men really enjoyed the new event.

We are very much looking forward to our Annual Trunk or Treat at CHCC! If you are interested in joining us please give me a call at 308-995-4493!

Happy Fall Ya'll!



Residents enjoyed doing Sip and Paint, a Campfire Cart, Tailgating for the Huskers, and Reminiscing over the good times.

Inspiration Point by Chaplain DeWane Dow

Repentant Sinners Love Jesus.

Do Not Give Animals In Zoos Jelly Beans!

That is one way to remember the Twelve Sons of Jacob or the Twelve Tribes of Israel. Thanks to mnemonic-device.com. In our weekly Bible Study, we've been going through the Book of Genesis. Recently we learned of the 12 sons born to Jacob and when I searched on BibleGateway.com it was popping up all over the Scriptures so I took a closer look. The search criteria showed two columns. One with how many times it is found literally in the Old and New Testaments and the second column shows how many are related in Topic. The results on "Twelve Tribes of Israel were 14 and topical equaled 1,025! So, I figured that if it is mentioned that many times, I better know why.

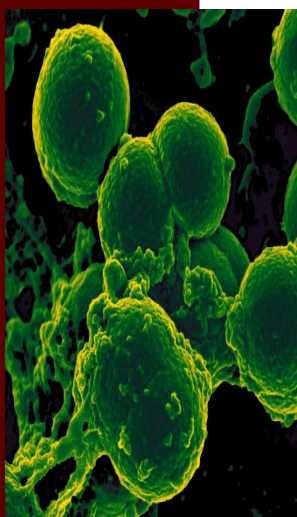


To start with, I wanted to know an easy way to remember the 12 names so I looked up a mnemonic. That is a phrase to say to help you remember. You take the first letter of each word which starts with the first letter of the name in this case. For example, when I took piano lessons, I learned the lines of sheet music, say it with me if you did it too, "Every Good Boy Does Fine." E, G, B, D, & F. Actually, "Every Good Boy Deserves Fudge" works too. I like fudge!

For the twelve sons, say them with me if you had this in Sunday School, Ruben, Simeon, Levi, Judah, Dan, Naphtali, Gad, Asher, Issachar, Zebulun, Joseph, and finally Benjamin. For our daily devotion/announcement time, I asked everyone if they could recite them? A staff member said she remembered learning them in Sunday School but could not now. One of the Residents in her 70's recovering from an injury recited all but one! She also added the two adopted sons of Jacob, Ephraim and Manasseh which would bring her total of 13 out of 14!

Do you have trouble remembering what you came in the room for sometimes? Let alone, 12 or 14 things? That is the wonderful thing about Scripture memorization and the like, once it's in there, it's in there even though we might not get it perfectly. Later when we reach chapter 49 in Genesis, we will learn of the blessings Jacob gave to each of his sons. Both good and bad. There are consequences to our actions. Many have long term results so take the time to clear your mind of all the hype and worry by cleansing it with our mind Maker Jesus Christ. The One who blesses us undeservedly, saves us from our sins, gives us Salvation found in Him! If you have a fun mnemonic for something Biblical that you remember, please email it to me.

Remember, Repentant Sinners Love Jesus. Do Not Give Animals In Zoos Jelly Beans. Send them to me. Both if you want, Jelly Beans and Sinners! Haha. :)



Protect Yourself from Illness

1. Handle & Prepare Food Safely—Food can carry germs. Always wash fruits and vegetables. Cook and Keep foods at proper temperatures.
2. Wash your hands often-prevent the spread of viruses.
3. Clean & Disinfect Commonly Used Surfaces-germs can live on surfaces. Disinfect your bathroom and kitchen regularly.
4. Cough & Sneeze into your Sleeve.
5. Don't Share Personal Items-Avoid sharing items like razors, toothbrushes, or towels after bathing.
6. Stay Home When Sick—this is very important!
7. Protect yourself by getting the COVID, Flu, and Pneumonia shots!

Setting A Culture: Daisy Drive Locked Dementia Unit Opens!

Dementia

Dementia is a group of brain diseases that cause long term loss of memory. Dementia becomes more common as we age. It is a progressive loss of memory and other mental abilities.

As we are attending to an aging population, it is important to look at all aspect of needs. Secured memory care units are specially designed spaces or communities where individuals with any type of dementia can have the resources they require to live safely. Daisy Drive focuses on security for individuals with dementia who tend to wander, have trouble finding their rooms, or become agitated if they feel lost. At Christian Homes and Chrisoma West our specially trained staff help make these secured memory care units ideal for catering to the needs of people with memory-related issues.

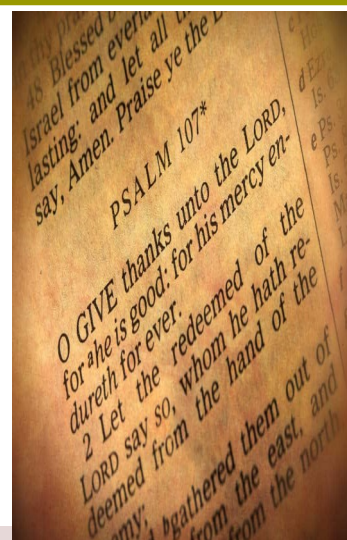
Daisy Drive has 14 beds, a dining area, kitchenette, Activity Center, nurses station, and a gorgeous courtyard for activities and exercises.

* Bountiful Blessings *

These names represent the friends, churches, businesses, resident's and resident families who have contributed to Christian Homes since our last newsletter. We are grateful for your support and donations to our facility.

Bernie Norberg Memorial: Jean Linder Eddie & Marlys Anderson

Howard Nelson Memorial: Eddie & Marlys Anderson Curt Nelson



Holiday Meals or Family Event Planning at Christian Homes:



We welcome and encourage loved ones to come and have a meal with your resident. Christian Homes is able to provide meals, at a cost, for up to three guests.

If you are able to take your loved one out for a family meal we highly recommend doing so. We are also pretty crafty when it comes to needing to accommodate larger groups in one resident room. Call ahead with your needs and we would be more than happy to assist you. As changes occur family will be notified.

Trunk or Treat

If you wish to join us by decorating a trunk, please call Ellen M. at 308-995-4493.

Christian
Homes
Holdrege, Ne

Sunday, Oct
27th
3:45p-5p

Come & see all the
decorated trunks
and get some
candy!

Come in
your
costume!



give2GROW

NOVEMBER 14, 2024

give2GROW is a giving day hosted annually by the Phelps County Community Foundation (PCCF). On Thursday, November 14, PCCF will host the 13th annual give2GROW, and we invite you to participate in this charitable giving event designed to connect donors to the organizations doing impactful and vital work in Phelps County.

MATCH POOL

\$200,000

PCCF has contributed \$200,000 to the give2GROW 2024 match pool. The matching funds will be distributed proportionately based on the total amount raised by each nonprofit (this is not a 1:1 match). Matching funds are available for donations up to \$25,000 per unique donor for each nonprofit

PRE-GIVING BEGINS OCTOBER 14

Donations can be made for give2GROW beginning October 14, 2024, through the give2growphelps.org website or by submitting checks and/or cash to the Phelps County Community Foundation.

- Checks must be dated for November 14, 2024
- Checks must be written to Phelps County Community Foundation (PCCF).
- Offline pre-giving donations will not be processed until November 14, 2024.

HOW TO GIVE

on November 14

ONLINE GIFTS

- Make online gifts with a credit/debit card at www.give2growphelps.org
- Donations are accepted November 14th at 12:00 am through November 14th at 11:59 pm
- Donor receives instant emailed tax receipt from Firespring Foundation.

OFFLINE GIFTS

- Checks must be written to Phelps County Community Foundation (PCCF).
- Your nonprofit's name goes in the memo line or on a donation form enclosed with the check if the donor is supporting multiple nonprofits.
- Donations mailed for give2GROW must be postmarked by November 14, 2024.

DONOR-ADVISED FUNDS

- Donor-advised funds can be used to support the nonprofits participating in give2GROW. Complete a donor-advised funding request and return it to the Phelps County Community Foundation no later than 7 p.m. on Thursday, November 14th.
- \$100 minimum gift

GIFTS OF GRAIN

- Gifts of Grain must be completed at least one week before give2GROW.
- A gift of grain can be utilized for Match Day giving, but planning ahead is important for the grain producer, grain elevator, and the community foundation. If you are interested in donating grain, please call contact PCCF at (308) 995-6846 or email pfreburg@phelpsfoundation.org



Phelps County
Community
FOUNDATION

424 GARFIELD STREET | HOLDREGE, NE 68949
P: 308-995-6847 | GIVE2GROWPHELPS.ORG



Chrisoma West Assisted & Independent Living News and Notes



HAPPY FALL Y'ALL! — We have officially entered the “BER” months, yet we are still seeing summer-like weather (which we are not complaining about at all!). With these last few months, we have holiday after holiday after holiday! But let's not get too ahead of ourselves now...if you are already playing Christmas music and getting out your tree, please SLOW DOWN there champ!

ASSISTED LIVING WEEK IN SEPTEMBER: September hosted Assisted Living Week, and with that came a week FULL of activities and fun! We visited the Phelps County Museum of the Prairie and walked nearly every square inch looking and reminiscing about days gone by. Cindy Boehler blessed us with songs we all know and love to sing! We hosted a 135th Birthday Party for Christian Homes complete with 2 big cakes and lots of frosting. And the week wouldn't be complete without delicious food and special menu eats, including a pizza party and a fiesta with tacos and churros. It was a fun, but busy week and we always look forward to celebrating all of us!

DOMINOES: We have found that we really enjoy playing dominoes together. So, along with BINGO being one of our routine calendar items that we look forward to, we have added friendly games of dominoes to our schedule. Every week it seems we need to add more chairs & tables.

BUS RIDES: We have taken several bus rides throughout town and around the area to see what is going on. We love to see the progress that is happening in Holdrege; the new Dairy Queen, the coffee shop downtown getting renovated, the new shops and restaurants make us happy. During our bus rides we usually play “eye spy” games or a “scavenger hunt” in which we have a mission to look for certain objects. We have a good time and a lot of laughs looking around for different things around town.

VOLLEYBALL & FOOTBALL: We are dedicated followers of the Huskers Volleyball and Football! The games are broadcast on our common area TV as well as through our cable network if available. On game days everyone is aware of what time and what channel the game is on. It is known that nothing else is scheduled during game time and we aren't to be interrupted. We are Nebraska proud! SEE YOU SOON!

We hope to see lots of visitors soon with the upcoming holidays bringing people to us for various events and happenings. Our Trunk-or-Treat and Trick-or-Treat events will be the start of a busy fall season. We love to have you come to visit even if just for a short while! P.S. we have ice cream!!



TRICK OR TREAT
Chrisoma West

October 31st



4p-5p





1923 West 4th Avenue
Holdrege, NE 68949

E-Mail: emontgomery@chrisoma.com

Website: www.chrisoma.com

Facebook: Christian Homes Care Community

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-752-6096 (TTY: 1-800-833-7532).

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-752-6096 (TTY: 1-800-833-7532).

Christian Homes Care Community complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

How to Contact Us:

Christian Homes: (308) 995-4493

Cherlyn Hunt, Executive Director (Ext. 103)
Erika Muthart, Director of Nursing (Ext. 126)
Korinna Nash, Assistant Director of Nursing (Ext. 122)
DeWane Dow, Facility Chaplain (Ext. 117)
Janet Bergstrom, Business Office Manager (Ext. 101)
Ellen Montgomery, Social Services & Activity Director (Ext. 120)
Jessica Reiter, New Horizon Foods - Nutritional Services (Ext. 105)
Becky Forster, Housekeeping
David Norton, Maintenance Department (Ext. 107)
Chris Layton, Director of Laundry Services (Ext. 106)

Chrisoma West: (308) 995-2086

Kendra Norton, Director of Resident Services (Ext. 161)
Erin Wise, Activity Director (Ext. 135)

